



RETREAT YOURSELF



For the ultimate in stylish seclusion, look no further than F Zeen's sumptuous villas hidden away on the idyllic Greek island of Kefalonia

Life is carefree and luxurious at F Zeen resort's villas on the south-west coast of Greece's idyllic Kefalonia island. They combine true comfort with bespoke furniture, innovative interior design and organic touches – but best of all, they bring the convenient amenities and benefits of a hotel with all the freedom of a private retreat.

The setting is magnificent – up on a secluded hillside within the F Zeen resort, the villas overlook a glistening bay on Lourdas beach, with panoramic ocean views and a backdrop

of Mount Aenos. The sea is only a short stroll away and a number of activities can be arranged by the hotel, from kayaking to stand-up paddle boarding.

If you would rather take things at a more relaxed pace, there are scented landscaped gardens to explore, where pretty pockets of space are plentiful, while each villa has its own patio and outdoor barbecue area for whiling away an afternoon surrounded by lemon trees and bougainvillea.

At F Zeen, the emphasis is firmly on wellbeing – evident in the private swimming pool, the outdoor gym and alfresco yoga decks that can be used as private practice spaces when the

complimentary classes are not taking place. There's also a spa, where dedicated therapists offer treatments that use natural herbs and products inspired by the bountiful local produce.

Enjoy unique dining experiences that use ingredients picked straight from the on-site vegetable garden. Sit and watch the sun set while you dine by the Ionian sea, or eat in the privacy of your own space. Staff are outstanding while remaining discreet, which creates the perfect combination of luxury and privacy.

Further Information
Visit [fzeenretreat.com](https://www.fzeenretreat.com) or call
020 7183 5383